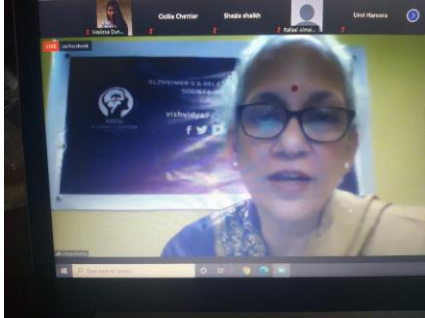


DEPARTMENT OF PSYCHOLOGY

WORLD ALZHEIMER'S DAY 21ST SEPTEMBER 2020

WEBINAR REPORT



*Ms. Vidya Shenoy, Director,
ARDSI(Mumbai Chapter)*



*Dr. Avinash Desousa
Founder, Desousa Foundation*

21st September has been observed as World Alzheimer's Day. To commemorate this day, the Department of Psychology of Maniben Nanavati Women's College had organized a Dementia Awareness Webinar.

Students joined on zoom, and the event was telecast live on FB. There were 215 participants for the webinar on Zoom. The faculty members of the college along with the Principal of the college, Dr. Rajshree Trivedi; the head of the Psychology department Dr. Cicilia Chettiar; our key speakers for the day Dr. Avinash Desousa and Mrs. Vidya Shenoy joined the students. The event was streamed live on YouTube and Facebook.

The event began at 2.00 pm. Dr. Cicilia Chettiar welcomes the college principal Dr. Rajshree Trivedi to inaugurate the session and welcome our guest speakers for the day. Dr. Rajshree Trivedi introduced Dr. Avinash Desousa after which Dr. Desousa talked about Dementia to the students, his words were insightful and he explained the concept of Dementia well. He emphasized how we should focus on taking care of those who cannot take care of themselves. When Dr. Avinash had finished addressing the students, the students asked him questions and he answered them very patiently. He went on to introduce Mrs. Vidhya Shenoy, the director of the Mumbai chapter of Alzheimers's and Related Disorders Society of India. She explained the concept of empathy and its importance in caring for the older citizens in and

around our houses. She explained to the students the important government schemes that could be beneficial to any of our senior citizens. She has provided her contact number and email address to the students so that they can contact her whenever they needed her help. She then showed a video to the students, who enjoyed every bit of it. After Mrs. Vidhya Shenoy had finished addressing the students, the students asked her questions and she answered every question calmly and in detail.

Towards the end of the event, Dr. Cicilia Chettiar thanked the speakers, the students, and the volunteers for their time and interest in the webinar.