

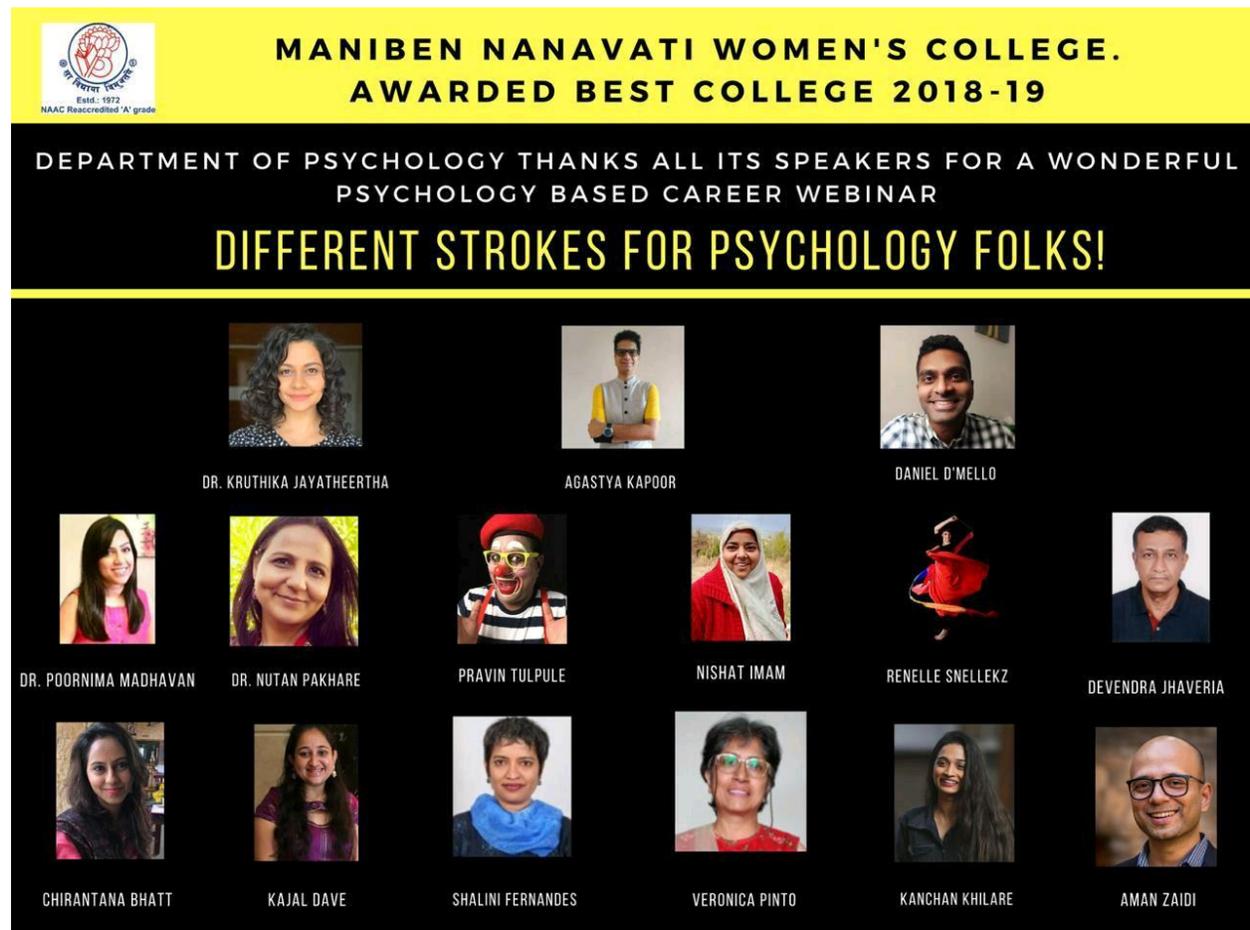
# MANIBEN NANAVATI WOMEN'S COLLEGE

## DIFFERENT STROKES FOR PSYCHOLOGY FOLKS

*Organised by*  
**Department of Psychology**  
26<sup>TH</sup> TO 28<sup>TH</sup> MAY, 2020

The webinar 'Different Strokes for Psychology Folks' was organised by Psychology Dept. of Maniben Nanavati Women's College, with an objective to help students studying Psychology realise different careers which lie ahead of them post graduation.

Spanning over 3 days the webinar saw a total of 15 speakers hailing from a variety of professional backgrounds. They shared their journey, key skills required and use of psychology in their professions. Along with furthering the knowledge of participants, they even motivated them and helped them gain perspectives over their future endeavours.



**MANIBEN NANAVATI WOMEN'S COLLEGE.**  
**AWARDED BEST COLLEGE 2018-19**

DEPARTMENT OF PSYCHOLOGY THANKS ALL ITS SPEAKERS FOR A WONDERFUL PSYCHOLOGY BASED CAREER WEBINAR

**DIFFERENT STROKES FOR PSYCHOLOGY FOLKS!**

|  |  |  |   |   |  |
|--|--|--|---|---|--|
| <br>DR. KRUTHIKA JAYATHEERTHA | <br>AGASTYA KAPOOR    | <br>DANIEL D'MELLO  |   |   |  |
| <br>DR. POORNIMA MADHAVAN     | <br>DR. NUTAN PAKHARE | <br>PRAVIN TULPULE    | <br>NISHAT IMAM    | <br>RENELLE SNELLEKZ | <br>DEVENDRA JHAVERIA |
| <br>CHIRANTANA BHATT          | <br>KAJAL DAVE        | <br>SHALINI FERNANDES | <br>VERONICA PINTO | <br>KANCHAN KHILARE  | <br>AMAN ZAIDI        |

On the first day (26/05/2020) of the webinar, Dr. Kruthika Jayatheertha, an I/O Psychologist, spoke about different careers which can be pursued after studying I/O Psychology. She also motivated students in how to navigate their careers. Her session was followed by Mr. Agastya Kapoor, a creative professional, who spoke about his interesting journey in finding peace in his life. He encouraged participants on how to live joyfully and learn from different experiences.

The last speaker for the day was Mr. Daniel D’Mello, a marketing analyst, who spoke about his interest in statistics and how it led him to market analysing.

On the second day (27/05/2020) of the webinar, Dr. Poornima Madhavan, an engineering psychologist, spoke about a new and rising field of engineering psychology and about her job as a researcher to make technology user-friendly. The second speaker, Dr. Nuthan Pakhare, a yoga trainer, shared her passion for yoga and busted some myths about it. The third speaker, Mr. Pravin Tulpule, a clown by profession, made the students laugh while teaching them some important life lessons and how to be happy always. The fourth speaker, Ms. Nishat Imam, a special educator, gave students information about her career, the scope of it and how to pursue it. The fifth speaker, Ms. Renelle Snellekz, shared her enthusiasm for dance and why Dance Movement therapy is beneficial in today’s times. The last speaker, Mr. Devendra Jhaveria, a graphologist, gave interesting insights about handwriting analysis and answered curious questions posed by the students.

On the third day (28/05/2020) of the webinar, Ms. Chirantana Bhatt, a journalist, spoke about the media industry and how to enter it after graduation. The second speaker, Ms. Kajal Dave, a clinical psychologist, showcased a plethora of careers which psychology graduates can pursue. The third speaker, Ms. Shalini Fernandes, an analytics director, spoke about online market research and consumer behaviour. The fourth speaker, Ms. Veronica Pinto, a banker, candidly shared her experience of entering the banking world after graduating from Arts. The fifth speaker, Ms. Kanchan Khilare, an actress, revealed how the graduation in psychology helps her understand the characters better and improve her skills. The last speaker, Mr. Aman Zaidi, a facilitator and a strengths finder, asked the students about their expectation from the session and quenched their curious minds by his sound knowledge.

The webinar ended with a parting note given by the principal of Maniben Nanavati Women’s College, Dr. Rajshree Trivedi and the facilitator of the entire webinar, Dr. Cicilia Chettiar. The attendance of participants in each session on average was 75. The participants belonged to various colleges including - MNWC, SNTD Churchgate, Sophia College for women, MMP Shah Women’s College and SPN Doshi Women’s College. The feedback received from the participants was positive. They found the sessions extremely helpful in easing their minds about future endeavours.

The links to all the talks can be found on the YouTube channel:

*MA PSYCHOLOGY MANIBEN NANAVATI WOMEN’S COLLEGE*

<https://www.youtube.com/channel/UC4vI2jiCVPR1jvw2cLz44xw>.

| NAME                      | DATE       | TIMING           | TITLE                 | PROFESSIONAL AREA                         |
|---------------------------|------------|------------------|-----------------------|---|
| Dr. Kruthika Jayatheertha | 26/05/2020 | 8.30 - 9.00 am   | I/O Psychologist      | Employee management, Research, Assessment |
| Agastya Kapoor            | 26/05/2020 | 10.00 - 10.30 am | Creative Professional | Graphics, Social Service, Creative fields |
| Daniel D’Mello            | 26/05/2020 | 12.30 -          | Marketing             | Data Analysing                            |

|                       |            |                  |                               |   |
|-----------------------|------------|------------------|-------------------------------|---|
|                       |            | 1.00 pm          | Analyst                       |   |
| Dr. Poornima Madhavan | 27/05/2020 | 8.00 - 8.30 am   | Engineering Psychologist      | Technology security, Research             |
| Dr. Nuthan Pakhare    | 27/05/2020 | 8.45 - 9.30 am   | Yoga Trainer                  | Wellness                                  |
| Pravin Tulpule        | 27/05/2020 | 10.00 - 10.30 am | Clown                         | Social service, Clowning                  |
| Nishat Imam           | 27/05/2020 | 11.15 - 12.00 pm | Special Educator              | Special Education                         |
| Renelle Snellekz      | 27/05/2020 | 12.00 - 12.30 pm | Dance Movement Therapist      | Education, Healing                        |
| Devendra Jhaveria     | 27/05/2020 | 12.30 - 1.30 pm  | Graphologist                  | Handwriting Analysis, Fraud detection     |
| Chirantana Bhatt      | 28/05/2020 | 8.15 - 9.00 am   | Journalist                    | Media, Content writing                    |
| Kajal Dave            | 28/05/2020 | 9.00 - 9.30 am   | Clinical Psychologist         | Career Guidance                           |
| Shalini Fernandes     | 28/05/2020 | 9.30 - 10.00 am  | Analytics Director            | Online market research                    |
| Veronica Pinto        | 28/05/2020 | 10.00 - 10.30 am | Banker                        | Banking, Finance                          |
| Kanchan Khilare       | 28/05/2020 | 11.00 - 11.30 am | Actress                       | Theatre                                   |
| Aman Zaidi            | 28/05/2020 | 11.30 - 1.00 pm  | Strengths Finder, Facilitator | Experiential Education, Human Development |

*Facilitator: Dr. Cicilia Chettiar*

*Volunteers: Hinal Shah MA 2 (Counselling), Pao Yu Chen TYBA (Psychology), Sanskruti Joshi MA 2 (Counselling), Sonali Kagdada TYBA (Psychology)*