

FOOD and NUTRITION DEPARTMENT

E-COMPETITIONS CONDUCTED IN MARCH 2020

The Food and Nutrition department conducted E-competitions during the lockdown period of March –April 2020.

The competitions were as follows:

E- PHOTOGRAPHY :

Post photos of home cooked healthy meals

E-POSTER COMPETITION ON :

Prepare a poster on use of vegetables in our daily meals

E-RECIPE COMPETITION:

Plan a nutritious recipe and post along with the ingredients and method of cooking



Ms.Tasmiya Kazi. Ist Prize for E- Poster



Ms.Aisha Gondaliya Ist prize for Home cooked recipe

Ms.Rutvi Shah Ist Prize for E-recipe