

"Sur-Milap, a Musical Self – Development Workshop"

For

Non- Teaching Staff

"Sur-Milap, a Musical Workshop for Self - Development" was organized on 19th October 2019 from 9.00 am to 10.30 am followed by recreational activities for the Non-Teaching Staff of Maniben Nanavati Women's College. Mrs. Sangeeta Mulay, a trained musician in Meditation Therapy was the Resource Person. The AUM Chanting, followed by recitation of verses and a gradual shift to recreational mode made the workshop a memorable event. Special prizes were given to the staff members for their best costumes and dance performance at the workshop

