

# DEPARTMENT OF FOOD AND NUTRITION

is celebrating **NUTRI-DAY** on 11th October 2017.



Following activities are planned-

1. A **talk** by esteemed **Dr. Muffazal Lakdawala** at 9.30 in 4.2. He will speak on **'Befriend Health and Unfriend Obesity'**.
2. **COOKING COMPETITION**  
Topic- **'Low Calorie Snacks'** for obesity. Cook at home and display in lab between 7.30 and 8 am.
3. **Quiz** competition at 10.30 am in lab.
4. Prize distribution at 12 noon.